








WK1	Monday 10/3/22	Tuesday 10/4/22	Wednesday 10/5/22	Thursday 10/6/22	Friday 10/7/22
BREAKFAST <i>Fresh AND Invigorating</i>	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	No School
HORIZONS DIVERSE AND PORTABLE	Pasta Carbonara Penne Pasta, Alfredo Sauce with Bacon and Peas. Sautéed Red Bell Peppers	Nachos Taco meat or chicken, Nacho Cheese, Black Beans, Salsa, Shredded Cheese and Sour Cream	Cheeseburger Tater Tot Bowl Hamburger meat, Tater Tots, Cheddar Cheese and sour Cream. Steamed Broccoli	Chicken & Waffle Bowl Chicken Tenders & Waffles with Country Gravy or Syrup. Sautéed Squash	No School
GRILL SIZZLING, SEASONED & SASSY	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	No School
PIAZZA OVEN-FRESH AND HANDCRAFTED	Cheese Pepperoni Double Pepperoni	Cheese Pepperoni Meat Lovers	Cheese Pepperoni Sausage	Cheese Pepperoni Vegetable	No School
nutriBAR FRESH & NUTRITIOUS	Fresh Salad Bar May Include the following - Chopped Romaine, Baby Spinach, Cucumbers, Mushrooms, Cherry Tomatoes, Baby Carrots, Red Onion, Garbanzo Beans, Broccoli, Cauliflower, Green and Red Peppers, Black Beans, Shredded Cheese, Cottage Cheese, Corn, Green Peas, , Croutons, Raisins,				
<p>Lunch is a serving of a Fruit and/or a Vegetable and up to 2 of servings of Grain, two serving of Meat/Meat alternative and / or a serving of Milk. 1% Milk and Chocolate Fat Free or 1% Milk are served daily.</p> <p>Breakfast is served from 7:30am-9:45am Monday-Friday Lunch is served from 10:15am-1:00pm Monday-Friday</p>					
<p>Please contact us at 513-868-4541 for questions or comments. This is an Equal opportunity provider. Menus are subject to change.</p>					





WK2	Monday 10/10/22	Tuesday 10/11/22	Wednesday 10/12/22	Thursday 10/13/22	Friday 10/14/22
	No School	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast
	No School	Nachos Taco meat or chicken, Nacho Cheese, Black Beans, Salsa, Shredded Cheese and Sour Cream	Macaroni Bar – Macaroni Pasta with choice or Cheese Sauce, Alfredo, or Meat Sauce	Ranch Chicken Roasted Ranch Chicken Thighs, Potato Wedges, & Biscuit	Chicken & Waffle Bowl Chicken Tenders & Waffles with Country Gravy or Syrup. Sautéed Squash
	No School	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders
	No School	Cheese Pepperoni Meat Lovers	Cheese Pepperoni Sausage	Cheese Pepperoni Vegetable	Cheese Pepperoni
	<p style="text-align: center;">Fresh Salad Bar</p> <p>May Include the following - Chopped Romaine, Baby Spinach, Cucumbers, Mushrooms, Cherry Tomatoes, Baby Carrots, Red Onion, Garbanzo Beans, Broccoli, Cauliflower, Green and Red Peppers, Black Beans, Shredded Cheese, Cottage Cheese, Corn, Green Peas, , Croutons, Raisins,</p>				
<p style="text-align: center;">Lunch is a serving of a Fruit and/or a Vegetable and up to 2 of servings of Grain, two serving of Meat/Meat alternative and / or a serving of Milk. 1% Milk and Chocolate Fat Free or 1% Milk are served daily.</p> <p style="text-align: center;">Breakfast is served from 7:30am-9:45am Monday-Friday</p> <p style="text-align: center;">Lunch is served from 10:15am-1:00pm Monday-Friday</p>					
<p style="text-align: center;">Please contact us at 513-868-4541 for questions or comments. This is an Equal opportunity provider. Menus are subject to change.</p>					





Wk3	Monday 10/17/22	Tuesday 10/18/22	Wednesday 10/19/22	Thursday 10/20/22	Friday 10/21/22
BREAKFAST <i>Fresh AND Invigorating</i>	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast
HORIZONS DIVERSE AND PORTABLE	General Tso's Popcorn Chicken, General Tso's Sauce, Rice and Steamed Broccoli	Nachos Taco meat or chicken, Nacho Cheese, Black Beans, Salsa, Shredded Cheese and Sour Cream	Butler Bowl Popcorn Chicken, Mashed potatoes, Corn, Gravy and Shredded Cheese	Pasta Carbonara Penne Pasta, Alfredo Sauce with Bacon and Peas. Glazed Carrots	Cheeseburger Tater Tot Bowl Hamburger meat, Tater Tots, Cheddar Cheese and sour Cream. Green Beans
GRILL SIZZLING, SEASONED & SASSY	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders
PIAZZA OVEN-FRESH AND HANDCRAFTED	Cheese Pepperoni Double Pepperoni	Cheese Pepperoni Meat Lovers	Cheese Pepperoni Sausage	Cheese Pepperoni Vegetable	Cheese Pepperoni
nutriBAR FRESH & NUTRITIOUS	Fresh Salad Bar May Include the following - Chopped Romaine, Baby Spinach, Cucumbers, Mushrooms, Cherry Tomatoes, Baby Carrots, Red Onion, Garbanzo Beans, Broccoli, Cauliflower, Green and Red Peppers, Black Beans, Shredded Cheese, Cottage Cheese, Corn, Green Peas, , Croutons, Raisins,				
Lunch is a serving of a Fruit and/or a Vegetable and up to 2 of servings of Grain, two serving of Meat/Meat alternative and / or a serving of Milk. 1% Milk and Chocolate Fat Free or 1% Milk are served daily. Breakfast is served from 7:30am-9:45am Monday-Friday Lunch is served from 10:15am-1:00pm Monday-Friday					
Please contact us at 513-868-4541 for questions or comments. This is an Equal opportunity provider. Menus are subject to change.					





WK4	Monday 10/24/22	Tuesday 10/25/22	Wednesday 10/26/22	Thursday 10/27/22	Friday 10/28/22
BREAKFAST <i>Fresh AND Invigorating</i>	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast
HORIZONS DIVERSE AND PORTABLE	Orange Chicken Popcorn Chicken, Orange Ginger Sauce, Rice and Steamed Broccoli	Nachos Taco meat or chicken, Nacho Cheese, Black Beans, Salsa, Shredded Cheese and Sour Cream	Cincinnati Chili Spaghetti or Cony w/ Bun Cincinnati Chili, Shredded Cheese, Beans, Hot Sauce	Mac & Cheese BBQ Bowl House made Mac & Cheese, BBQ pulled pork and Caramelized onions	Baked Pasta Penne Pasta, Sausage and Spinach in a Marinara Sauce. Green Beans
GRILL SIZZLING, SEASONED & SASSY	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders
PIAZZA OVEN-FRESH AND HANDCRAFTED	Cheese Pepperoni Double Pepperoni	Cheese Pepperoni Meat Lovers	Cheese Pepperoni Sausage	Cheese Pepperoni Vegetable	Cheese Pepperoni
nutriBAR FRESH & NUTRITIOUS	Fresh Salad Bar May Include the following - Chopped Romaine, Baby Spinach, Cucumbers, Mushrooms, Cherry Tomatoes, Baby Carrots, Red Onion, Garbanzo Beans, Broccoli, Cauliflower, Green and Red Peppers, Black Beans, Shredded Cheese, Cottage Cheese, Corn, Green Peas, , Croutons, Raisins,				
<p>Lunch is a serving of a Fruit and/or a Vegetable and up to 2 of servings of Grain, two serving of Meat/Meat alternative and / or a serving of Milk. 1% Milk and Chocolate Fat Free or 1% Milk are served daily.</p> <p>Breakfast is served from 7:30am-9:45am Monday-Friday</p> <p>Lunch is served from 10:15am-1:00pm Monday-Friday</p>					
<p>Please contact us at 513-868-4541 for questions or comments.</p> <p>This is an Equal opportunity provider. Menus are subject to change.</p>					

