



WK1	Monday 10/3/22	Tuesday 10/4/22	Wednesday 10/5/22	Thursday 10/6/22	Friday 10/7/22	
BREAKFAST Fresh TT Invigorating	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	No School	
HORIZONS Diverse Diverse	Pasta Carbonara Penne Pasta, Alfredo Sauce with Bacon and Peas. Sautéed Red Bell Peppers	Nachos Taco meat or chicken, Nacho Cheese, Black Beans, Salsa, Shredded Cheese and Sour Cream	Cheeseburger Tater Tot Bowl Hamburger meat, Tater Tots, Cheddar Cheese and sour Cream. Steamed Broccoli	Chicken & Waffle Bowl Chicken Tenders & Waffles with Country Gravy or Syrup. Sautéed Squash	No School	
GRILL SIZZLING, SEASONED & SASSY	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	No School	
PIAZZA OVEN-FRESH INT HANDCRAFTED	Cheese Pepperoni Double Pepperoni	Cheese Pepperoni Meat Lovers	Cheese Pepperoni Sausage	Cheese Pepperoni Vegetable	No School	
NUTRIBAR FRESH & NUTRITIOUS	Fresh Salad Bar May Include the following - Chopped Romaine, Baby Spinach, Cucumbers, Mushrooms, Cherry Tomatoes, Bab Carrots, Red Onion, Garbanzo Beans, Broccoli, Cauliflower, Green and Red Peppers, Black Beans, Shredded Cheese, Cottage Cheese, Corn, Green Peas, , Croutons, Raisins,					

Lunch is a serving of a Fruit and/or a Vegetable and up to 2 of servings of Grain, two serving of Meat/Meat alternative and / or a serving of Milk. 1% Milk and Chocolate Fat Free or 1% Milk are served daily.

Breakfast is served from 7:30am-9:45am Monday-Friday Lunch is served from 10:15am-1:00pm Monday-Friday

Please contact us at 513-868-4541 for questions or comments. This is an Equal opportunity provider. Menus are subject to change.







WK2	Monday 10/10/22	Tuesday 10/11/22	Wednesday 10/12/22	Thursday 10/13/22	Friday 10/14/22	
		10/11/22	10/12/22	10/15/22	10/14/22	
	No School	Made to	Made to	Made to	Made to	
BREAKFAST		Order	Order	Order	Order	
Fresh Invigorating		Breakfast	Breakfast	Breakfast	Breakfast	
(1031 Are Live)olating						
	No School		Massari		Chicken &	
		Nachos	Macaroni Bar –	Danah Chiakan	Waffle Bow	
		Taco meat or	Macaroni Pasta	Ranch Chicken	Chicken	
HORIZONS		chicken, Nacho	with choice or	Roasted Ranch	Tenders &	
		Cheese, Black	Cheese Sauce,	Chicken Thighs,	Waffles with	
DIVERSE 🌮 PORTABLE		Beans, Salsa, Shredded Cheese	Alfredo, or	Potato Wedges,	Country Grav	
		and Sour Cream	Meat Sauce	& Biscuit	or Syrup.	
					Sautéed Squa	
	No School	Hamburger	Hamburger	Hamburger	Hamburger	
GRILL		Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburge	
·····		Chicken	Chicken	Chicken	Chicken	
SIZZLING, SEASONED & SASSY		Tenders	Tenders	Tenders	Tenders	
	No School					
DIAZZA		Cheese	Cheese	Cheese	Cheese	
PIAZZA		Pepperoni	Pepperoni	Pepperoni	Pepperoni	
OVEN-FRESH AND HANDCRAFTED		Meat Lovers	Sausage	Vegetable	••	
			5			
			Fresh Salad Bar			
nutriBAR	May Include the following - Chopped Romaine, Baby Spinach, Cucumbers, Mushrooms, Cherry Tomatoes, Bab Carrots, Red Onion, Garbanzo Beans, Broccoli, Cauliflower, Green and Red Peppers, Black Beans, Shredded Cheese, Cottage Cheese, Corn, Green Peas, , Croutons, Raisins,					
FRESH & NUTRITIOUS		Cheese, Cottage Ch	eese, com, dieen reas	, , Croutons, Raisins,		
Lunch is a serving of a F	uit and /or a V	agatable and w	n to 2 of convir	as of Grain th	o conving of	
•	-	•		•	•	
leat/Meat alternative a	nd / or a servir	•		nate Fat Free O	or 1% MIIIK al	
		served daily.				
		ed from 7:30am-9:4	-	•		
	Lunch is convod	from 10:15am-1:00	nm Monday_Erida			

This is an Equal opportunity provider. Menus are subject to change.









Wk3	Monday 10/17/22	Tuesday 10/18/22	Wednesday 10/19/22	Thursday 10/20/22	Friday 10/21/22	
BREAKFAST Fresh True Invigorating	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	
HORIZONS DIVERSE DIVERSE	General Tso's Popcorn Chicken, General Tso's Sauce, Rice and Steamed Broccoli	Nachos Taco meat or chicken, Nacho Cheese, Black Beans, Salsa, Shredded Cheese and Sour Cream	Butler Bowl Popcorn Chicken, Mashed potatoes, Corn, Gravy and Shredded Cheese	Pasta Carbonara Penne Pasta, Alfredo Sauce with Bacon and Peas. Glazed Carrots	Cheeseburger Tater Tot Bow Hamburger meat, Tater Tots, Cheddar Cheese and sour Cream. Green Beans	
GRILL SIZZLING, SEASONED & SASSY	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburge Chicken Tenders	
OVEN-FRESH AND HANDCRAFTED	Cheese Pepperoni Double Pepperoni	Cheese Pepperoni Meat Lovers	Cheese Pepperoni Sausage	Cheese Pepperoni Vegetable	Cheese Pepperoni	
nutriBAR FRESH & NUTRITIOUS	Fresh Salad Bar May Include the following - Chopped Romaine, Baby Spinach, Cucumbers, Mushrooms, Cherry Tomatoes, Ba Carrots, Red Onion, Garbanzo Beans, Broccoli, Cauliflower, Green and Red Peppers, Black Beans, Shredded Cheese, Cottage Cheese, Corn, Green Peas, , Croutons, Raisins,					

Meat/Meat alternative and / or a serving of Milk. 1% Milk and Chocolate Fat Free or 1% Milk are

served daily.

Breakfast is served from 7:30am-9:45am Monday-Friday Lunch is served from 10:15am-1:00pm Monday-Friday

Please contact us at 513-868-4541 for questions or comments. This is an Equal opportunity provider. Menus are subject to change.









WK4	Monday	Tuesday	Wednesday	Thursday	Friday		
	10/24/22	10/25/22	10/26/22	10/27/22	10/28/22		
BREAKFAST Fresh TP Invigorating	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast	Made to Order Breakfast		
HORIZONS DIVERSE PORTABLE	Orange Chicken Popcorn Chicken, Orange Ginger Sauce, Rice and Steamed Broccoli	Nachos Taco meat or chicken, Nacho Cheese, Black Beans, Salsa, Shredded Cheese and Sour Cream	Cincinnati Chili Spaghetti or Cony w/ Bun Cincinnati Chili, Shredded Cheese, Beans, Hot Sauce	Mac & Cheese BBQ Bowl House made Mac & Cheese, BBQ pulled pork and Caramelized onions	Baked Pasta Penne Pasta, Sausage and Spinach in a Marinara Sauce. Green Beans		
GRILL SIZZLING, SEASONED & SASSY	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburger Chicken Tenders	Hamburger Cheeseburge Chicken Tenders		
PIAZZA OVEN-FRESH INT HANDCRAFTED	Cheese Pepperoni Double Pepperoni	Cheese Pepperoni Meat Lovers	Cheese Pepperoni Sausage	Cheese Pepperoni Vegetable	Cheese Pepperoni		
NUTRITIOUS	Fresh Salad Bar May Include the following - Chopped Romaine, Baby Spinach, Cucumbers, Mushrooms, Cherry Tomatoes, Bab Carrots, Red Onion, Garbanzo Beans, Broccoli, Cauliflower, Green and Red Peppers, Black Beans, Shredded Cheese, Cottage Cheese, Corn, Green Peas, , Croutons, Raisins,						
Lunch is a serving of a F Meat/Meat alternative a	-	•		•	-		
		served daily.					
		d from 7:30am-9:4 rom 10:15am-1:00	•	•			

Please contact us at 513-868-4541 for questions or comments. This is an Equal opportunity provider. Menus are subject to change.



