

Discover FAMILY AND CONSUMER SCIENCES/BUSINESS

Program Overview

Students will learn skills for managing individual and family needs, problem solving, setting goals, and being a leader. Students will experience a variety of teaching techniques: small group activities, presentations, hands-on projects, classroom discussions, labs, field trips, and community involvement. Through integrated classroom activities, students will be given the opportunity to participate in Family, Career, and Community Leaders of America (FCCLA).

Student Organization

Students enrolled in Butler Tech Culinary Arts and Family Consumer Sciences courses at Monroe High School participate in Family, Career and Community Leaders of America (FCCLA), a national career tech student organization that offers intra-curricular resources and opportunities for students to pursue careers that support families. FCCLA members focus on making a difference in their families, careers, and communities by addressing important personal, work, and societal issues. Monroe students participate and complete in a variety of activities at the local, state and national levels.



Butler Tech offers the following Family and Consumer Science courses in Monroe Local Schools:

- College & Career Readiness
- Culinary Fundamentals
- Financial Literacy
- Human Growth & Development
- Personal Skills for Success



"Culinary Arts is hands-on and I like learning skills that I can use outside of school."

Student, *Culinary Arts*
and *Family Consumer Sciences*

Butler Tech Culinary Arts and Family Consumer Sciences Course offerings at Fairfield

College & Career Readiness

This course is designed to assist students in developing skills for success as a lifelong learner. During the course, students will explore occupations and postsecondary options. Students will analyze career and college trends alongside study techniques and habits. Researching careers and colleges, budgeting, and financial literacy will take place. Students will consider career pathways, employment skills, interviewing techniques, as well as effective interpersonal communication including conflict resolution. Additional topics will include issues in the workplace, decision-making, and time management. Career and college awareness, exploration, and planning are the goals of this course.

Culinary Fundamentals

Introduction to basic cooking skills. Learn proper knife skills, food nutrition, basic food science principles, and cooking techniques such as sauté, poach, braise, and roast. Safe food handling and equipment usage are also introduced. Students will have the opportunity to be involved in Family, Career and Community Leaders of America (FCCLA) state and national organizations.

Financial Literacy

This course is an introduction to the topics of Financial Responsibility and Decision Making, Planning and Money Management, being an Informed Consumer, Investing, Understanding Credit and Debt, Risk Management, and Insurance.

Human Growth & Development

In this course, students will analyze human growth and development throughout the lifespan. An emphasis will be placed on physical, cognitive, social, and emotional growth and development. Additional topics will include human characteristics and traits, genetic defects, parenting styles and responsibilities and cultural differences within a family unit and community.

Personal Skills for Success

In this course students will define their own values and resources that support life goals. Students will learn effective time management plans, stress management techniques, and practice strong communication skills. Goal setting, planning and time management skills will be applied in reference to service projects, the family and workplace. Students will develop strategies for lifelong learning. Throughout the course, students will develop communication, leadership, and career investigation skills.

